



Note ability

The Gunnedah Workshop Enterprises
News letter
September 2017
Volume 13 Issue 8

MANAGER'S REPORT

Ag Quip was another very busy time in Gunnedah again, those that were lucky enough to get out there I hope you enjoyed yourself and did not spend too much money. The footy tipping competition is going right down to the wire with a number of people with close scores. Next weekend is the last round so we should know the winner soon.

The Boss

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September 2017

H&S Topic:

First Quarter Last Quarter
Full Moon New Moon

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 Father's Day	4	5 Workers Committee	6	7 Staff Meeting	8	1
10	11	12	13	14 Pay WHS	15	9
17	18	19	20	21 Staff Meeting	22	16 Gunnedah Markets
24	25 Board Meeting	26	27	28 Pay	29	30



RECYCLIT



**MOOKI
WOODWORKS**



Bower Bird



COMMUNITY CONTRACTS



**TOP HAT COSTUME
HIRE**

Community Contracts

Written by Tabitha Alker



Word Puzzle

Greetings all,

We have Colin here on work placement for his disability course, he is coming in three days a week. Colin has settled in quiet well, he has been helping out in the costume shop learning where costumes go. He has also worked with us in the Day Program. We have all enjoyed having someone different to work with us, the more the merrier. Last week was Deb's birthday and she went to Woollies with Jayde and Colin and choose a cake to cook and we all enjoyed it for afternoon tea.

In craft we have been making father's day storage jars as well as handmade father's day cards to go with the presents.

In Tophat we have been very busy with hires and bookings for book week for schools around Gunnedah and district. Teachers and students really enjoy dressing up for this occasion.

That is all this month till next time



Car Makers

Find the names of the car manufacturers in the list. The names can be up, down, forward, backward, or diagonal.

ACURA
AUDI
BMW
BUICK
CADILLAC
CHEVROLET
CITROEN
CHRYSLER
DAEWOO
DODGE
EAGLE
FERRARI
FORD
GMC
HONDA
HUMMER
HYUNDAI
INFINITI
ISUZU
JAGUAR
JEEP
KIA
LAND ROVER
LAMBORGHINI
LEXUS
LINCOLN
LOTUS
MASERATI
MAZDA
MERCEDES BENZ
MERCURY
MITSUBISHI
NISSAN
OLDSMOBILE
PEUGOT

X	C	Q	X	K	H	D	X	P	G	X	S	P	I	T	D	Z	M
Y	A	I	N	F	I	N	I	T	I	I	Y	N	D	O	D	G	E
N	L	N	I	S	S	A	N	E	O	R	T	I	C	Y	I	O	R
E	L	I	B	O	M	S	D	L	O	E	I	E	Q	O	S	N	C
G	I	H	S	G	F	K	M	L	P	M	T	R	T	T	U	E	U
A	D	G	J	G	C	A	O	V	D	M	G	A	E	A	Z	A	R
W	A	R	Q	I	D	N	O	F	W	U	S	L	T	N	U	G	Y
S	C	O	U	Z	R	L	W	A	H	O	O	E	F	N	R	N	
K	H	B	A	U	V	C	E	A	O	R	G	B	S	D	A	F	W
L	R	M	T	O	C	P	A	N	V	U	S	U	Z	U	K	I	D
O	Y	A	I	B	M	W	D	E	E	R	U	G	I	X	G	U	
V	S	L	A	T	G	A	H	P	D	Q	G	A	R	X	R	E	X
N	L	O	D	A	S	C	S	E	Z	O	J	A	B	E	S	E	L
U	E	T	N	F	D	U	C	E	C	O	R	P	V	U	M	V	T
B	R	U	U	J	B	R	B	J	R	R	U	O	I	T	S	Y	L
X	E	S	Y	L	E	A	O	I	E	A	R	N	H	S	W	F	U
L	Y	A	H	M	U	X	V	F	S	D	T	T	I	K	B	P	A
O	P	A	G	D	S	J	R	S	N	H	L	I	N	C	O	L	N
Z	H	B	I	L	U	U	J	A	G	F	I	A	V	R	C	F	E
S	V	D	M	O	E	T	L	L	G	E	H	C	S	R	O	P	R

PONTIAC
PORSCHE
RENAULT
SAAB
SATURN

SUBARU
SUZUKI
TOYOTA
VOLKSWAGEN
VOLVO



What's on in Gunnedah

1st September - Women Like Us Comedy Night
7pm to 11pm, Civic Theatre.

8th to 10th September - Dog NSW (NORTHERN) Spring Spectacular Champions Show, Gunnedah Kennel Club, Entry Free

9th to 10th September - North West Swap, Gunnedah Show Ground,
Entry Free

13th September - 2017 Mayoral Dinner, Gunnedah Town Hall,
6.30pm to 10.30, cost \$30 per head

16th September - Gunnedah Markets, Brock Court, Wolseley Park
8.30am to 1pm



The boys in Mooki have been very busy with peg orders going mad at the moment. They have also had more pipes to put reflectors on. At present Brain and Tom are filling buckets of horse feed after Tabitha put the stickers on them. Ray has been away driving the truck last week and on annual leave this week. We have had our work placement client, Colin assisting the boys with the peg painting and gaining some experience interacting with the employees, he has been a huge help. Well that's about all from Mooki for this time.

Cheers from all the boys



RECYCLIT'S NEWS

Written by Sonya Lodge



Well another month has come and gone, with Christmas just around the corner. Out at Recyclit we have been very busy with Ag Quip last month, with extra cardboard coming in care of JR Richards from Ag Quip and our regular cardboard pickups. The guys just stayed focused and did a great job of processing the product. We have a new person with us for a while, we welcome Jonathon Wicks to Recyclit.

The Bower Bird Shop is going well, we were a little low on stock but that has been rectified with a great donation and sales have been pretty good. We can always use more stock so if you, your family or friends have any unwanted items please don't forget us.

We have some High School students with us ,coming out Thursday afternoons with a teacher doing Work experience, we hope that William, Ryan and Damien enjoy it.

That's all this month

Recyclit

Recycling Bin

• Paper and envelopes	
• Cardboard	
• Magazines and Newspapers	
• Tin, steel and aluminium cans	
• Plastic bottles	

2017 Work Shop Footy Tipping

This year we had 31 people join our Footy Tipping Competition. Rhonda was the clear winner leading most of the year with her expert tipping skills. Then it was a race to see who could catch her with Mick coming Second and Jesse coming Third. Congratulations too you all . I hope everyone had fun this year and will be back next year.

Duncan was in last place and will receive the Wooden Spoon and get his \$5.00 returned to him well done Duncan.

I would like to thank everyone who participated in this year's competition and hope you all join in again next year.

What am I

The answer to the question of what is the picture from last month, is a Retinal Eye scan.



Competition Winner

The winner of the Colouring Competition is Rebecca Atyon Congratulations Rebecca you will receive two tickets to the movies here in Gunnedah. Thank you to everyone that entered this month.

RECIPE OF THE MONTH

Coca-Cola chicken stir fry

serves: 6 | prep: 0:10 | cook 0:

This Coca-Cola chicken stir fry is fast, easy and convenient to get on the table. It uses thin chicken strips with fast cooking frozen vegetables for a 20 minute meal. Instead of traditional Asian sweeteners like palm or brown sugar it uses cola to sweeten the sauce. Ingredients

- 3 tbsp peanut oil
- 2 small (1kg) chicken breast, sliced into thin strips
- 3 tbsp chilli and garlic stir fry paste
- 1 pkt (850g) frozen Chinese stir fry vegetable mix
- 3 tbsp soy sauce
- 1 lime, juice only
- 1 cup (250ml) Coca-Cola
- 2 tbsp cornflour
- 1/4 cup (60ml) water

Method

1. Prepare and measure out all ingredients.
2. Heat the peanut oil in a wok until very hot and brown the chicken in small batches. Remove from heat and set aside.
3. Reheat wok and add chilli and garlic paste to the pan, frying for 1 minute. Add frozen vegetables and continue to stir to coat.
4. Pour in soy sauce, lime juice and Coca-Cola. Bring to the boil and simmer for 3-4 minutes or until the cola reduces by a third. Return the chicken to the pan. Dissolve the cornflour in the water and pour over chicken and vegetables. Bring to the boil and simmer until the sauce is thickened. Remove from heat and serve with rice or noodles.



GUNNEDAH WORKSHOP DAY PROGAMS

Written by Jayde Bain

Hello to all,

We have had another great month at the workshop in our day programs.

This month in craft we have finished our stained glass effect jars that we have been working on and they look fantastic, just in time for father's day, along with our personalised cards.

We have also been painting some personalised canvases for display in various prints depending on each client's individual interests.

This month in cooking we baked chocolate chip biscuits to put in our stain effect jars that we made in craft, as a sweet treat for dad.



NATIONAL STANDARDS FOR DISABILITY SERVICES

STANDARD 5—SERVICE ACCESS

Finding and using services is fair. You can access the services you need.



Rights for people

You have the right to access services based on fair and equal and transparent criteria, and support for referral when a service is not available.

Outcome for people

You understand what the service offers; access to the service is fair and equal and you are supported with other options when you can't access a service.

Standard for service

The service manages access, commencement and leaving a service in a transparent, fair and equal and responsive way.

Indicators of practice

5:1	The service systematically seeks and uses input from people with disability, their families, friends and carers to ensure access is fair and equal and transparent.
5:2	The service provides accessible information in a range of formats about the types and quality of services available.
5:3	The service develops, applies, reviews and communicates commencement and leaving a service processes.
5:4	The service develops, applies and reviews policies and practices related to eligibility criteria, priority of access and waiting lists.
5:5	The service monitors and addresses potential barriers to access.
5:6	The service provides clear explanations when a service is not available along with information and referral support for alternative access.
5:7	The service collaborates with other relevant organisations and community members to establish and maintain a referral network.

Riddle Page

Knock, knock. Who's there? Canoe! Canoe who? Canoe come out and play with me today?

Knock, knock. Who's there? Who! Who who? That's what an owl says!

Knock, knock. Who's there? Lettuce. Lettuce who? Lettuce in, it's cold out here.

Knock, knock. Who's there? Honey bee. Honey bee who? Honey bee a dear and get me some juice.

Knock, knock. Who's there? Wooden shoe. Wooden shoe who? Wooden shoe like to hear another joke?

Knock, knock. Who's there? A broken pencil. A broken pencil who. Oh never mind it's pointless.

Knock, knock. Who's there? Cow says. Cow says who? No silly, a cow says Mooooo!

Knock, knock. Who's there? Double. Double who? W!

Knock, knock. Who's there? Mikey! Mikey who? Mikey doesn't fit in the keyhole!

Knock, knock. Who's there? Atch. Atch who? Bless you!

Knock, knock. Who's there? I am. I am who? You don't know who you are?

Knock, knock. Who's there? Ya. Ya Who? Wow, I'm excited to see you too.

Knock, knock. Who's there? Figs. Figs who? Figs the doorbell, it's broken!

Knock, knock. Who's there? Boo! Boo who? Don't cry, it's just me.

Knock, knock. Who's there? Interrupting pirate! Interrupt... ARRRRRRRRRR!

Knock, knock. Who's there? Iva. Iva who? I've a sore hand from knocking!

Knock, knock. Who's there? Avenue. Avenue who? Avenue knocked on this door before?

Knock, knock. Who's there? A little old lady. A little old lady who? I didn't know you could yodel.

Will you remember me in 2 minutes? Yes. Knock, knock. Who's there? Hey, you didn't remember me!

Knock, knock. Who's there? Banana. Banana who? Knock, knock. Who's there? Banana. Banana who? Knock, knock. Who's there? Banana. Banana who? Knock, knock. Who's there? Orange. Orange who? Orange you glad I didn't say banana?

COMPETITION PAGE

BRAIN TEASER PAGE

WHO AM I?

I was born on the 1st of December 1959 in Queensland.

My father is called Jimmy.

My mother was a Queensland representative netball player.

I am a sportsman.

I started playing this sport at the age of 6.

I represented my school union, touring Europe and Japan.

I am also a commentator for this sport.

I represented Queensland in thirty-one State of Origin games from 1980 -1991.

I also represented Australia in thirty-three international matches.

I have played for English First Division side Wakefield Trinity for a short spell.

In 1984, I was made national captain for the first time.

In 1987 I was honoured as a member of the Order of Australia for this sport.

In 1991, I joined the Gold Coast Seagulls as captain.

I have a record eight, man of the match awards.

I was inducted into the Australian Rugby League Hall in 1999.

In 2000 I was awarded the Australian Sports Medal for my contribution.

I was named one of Australia's greatest players in 2008.

I am remembered for my creative, playmaking football and great on field confrontations.

I have appeared in numerous advertisements during and after my career.

I am nicknamed The King.

My biography is called Out of Shadows: A champions Return to the Spotlight.

My first name begins with W.

My second name begins with L.

Who am I ?

- There are three houses. One is red, one is blue, and one is white. If the red house is to the left of the house in the middle, and the blue house is to the right to the house in the middle, where is the white house?
- You are in a cabin and it is pitch black. You have one match on you. Which do you light first, the newspaper, the lamp, the candle, or the fire?
- Who is bigger: Mr. Bigger, Mrs. Bigger, or their baby?
- A farmer has 17 sheep and all but nine die. How many are left?
- Mike is a butcher. He is 5'10" tall. What does he weigh?
- How far can a rabbit run into the woods?
- In a year, there are 12 months. Seven months have 31 days. How many months have 28 days
- What are the next three letters in the following sequence? J, F, M, A, M, J, J, A, __, __, __

In Washington, D.C., You lift the match first! The baby, because he is a little bigger. Nine Miles Halfway. After that, he is running out of the woods. They all do. S, O, N. The sequence is first letter of the months of the year. September, October, November are the next in the sequence.

ANSWERS

Gunnedah

From Wikipedia, the free encyclopedia

Jump to: [navigation](#), [search](#)

Gunnedah /ɡʌnəðə/^[2] is a town in north-eastern [New South Wales](#), Australia and is the seat of the [Gunnedah Shire local government area](#). In the [2011 census](#) the town recorded a population of 7,888.^[1] Gunnedah is situated within the [Liverpool Plains](#), a fertile agricultural region, with 80% of the surrounding shire area devoted to farming. The [Namoi River](#) flows west then north-west through the town providing water beneficial to agricultural operations in the area.

The Gunnedah area is a significant producer of cotton, coal, beef, lamb and pork, and cereal and oilseed grains. Gunnedah is also home to [AgQuip](#), Australia's largest annual [agricultural field day](#).^[3] Gunnedah is located on the [Oxley](#) and [Kamilaroi](#) Highways providing convenient road links to much of the northern sector of the state including to the regional centre [Tamworth](#), 75 kilometres (47 mi) distant. The town has a [station](#) on the [Mungindi railway line](#) and is served by the daily [NSW TrainLink Xplorer](#) passenger service to and from [Sydney](#) and [Moree](#).

It claims the title "Koala Capital of World". That title is also claimed by the [Port Stephens](#) area north of [Newcastle](#) and [Port Macquarie](#).

History

Gunnedah and the surrounding areas were originally inhabited by Aborigines speaking the [Kamilaroi \(Gamilaraay\)](#) language. The area now occupied by the town was settled by European sheep farmers in 1833 or 1834. With settlement in the area focused on wool production, Gunnedah was initially known as 'The Woolshed' until taking its name from the local Indigenous people who called themselves the *Gunn-e-darr*,^[4] the most famous of whom was [Cumbo Gunnerah](#).

[Dorothea Mackellar](#) wrote her famous poem [My Country](#) (popularly known as *I Love a Sunburnt Country*) about her family's farm near Gunnedah.^{[4][5]} This is remembered by the annual Dorothea Mackellar Poetry Awards for school students held in Gunnedah.

Coal was discovered on Black Jack Hill in 1877.^[6] By 1891, 6,000 tons of coal had been raised from shafts. The Gunnedah Colliery Company was registered in May 1899 and by 22 June a private railway some 5.7 kilometres (3.5 mi) in length had been completed from the railway station to their mine. In September 1957, the Government Railway took over the working of the line.^[7]

In early 2012, Gunnedah experienced a mining boom resulting in rental properties being leased by mining companies for up to \$1,350 per week.^[8]

Geography

Gunnedah Shire is situated 264 metres (866 ft) above sea level on the [Liverpool Plains](#) in the [Namoi River](#) valley. It is very flat; the tallest hills are 400 to 500 metres (1,300 to 1,600 ft) above sea level. The climate is hot in summer, mild in winter and dry, although rainstorms in catchment areas occasionally cause flooding of the Namoi River. Major floods cut transport links to the town, briefly isolating it from the outside world. The town is located on a

The Gunnedah area is noted for its abundance of native wildlife, including [kangaroos](#), [echidnas](#) and [koalas](#). Koalas can often be found in trees within the town, as well as in the surrounding countryside with the help of signs placed by the local tourist centre. The koala population is considered to be the largest koala colony in the state, west of the Great Dividing Range.^[5]

Climate

Gunnedah has a harsh climate with temperatures regularly rising above 40 °C in summer and dropping below 0 °C in winter, being one of the few Australian towns to experience temperature variations like this.^[citation needed] This is partly due to the town's location on the boundary region between the cool [Northern Tablelands](#) of the [Great Dividing Range](#) and the hot, dry Western Plains of New South Wales, having climate characteristics of both regions. Its average annual rainfall is 636.9 mm (25.1 in),^[9] which is spread throughout the year, however severe [thunderstorms](#) in the summer months often cause heavy downpours which boost rainfall totals.

